

St Richard's VC Academy – COVID-19 Guide

What are the symptoms of COVID-19 to look out for?

- A high temperature (37.8C or higher)
- A new, *continuous* cough*
- A loss of, or change to your sense of smell or taste

What do I do if?

...my child has one or more of the above symptoms?



Actions to Take

DO NOT come to school
Household self-isolates
Book a test as soon as possible for your child
Inform school immediately about absence and provide test result when received



Next Steps

Positive Result:
Child isolates for 10 days from onset of symptoms and household isolates for 14 days
Negative result:
Child can return to school (if well enough) and household stops isolating

...my child has tested positive for COVID-19?

DO NOT come to school
Inform school immediately of test result
Child completes remainder of 10-day self-isolation
Household completes remainder of 14-day self-isolation

Follow instructions from NHS Test and Trace
Child can return to school if they no longer have a high temperature

...someone in my child's household has one or more (however mild) of the above symptoms?

DO NOT come to school
Household self-isolates
Book a test as soon as possible for the symptomatic person
Inform school immediately about absence and provide test result when received

Positive Result:
Symptomatic person isolates for 10 days from onset of symptoms and household (including child) isolates for 14 days
Negative result:
Household stops isolating

...someone in my child's household has tested positive for COVID-19?

DO NOT come to school
Inform school immediately of test result
Household (including child) completes remainder of 14-day isolation period (symptomatic person completes remainder of 10 day isolation period)

Follow instructions from NHS Test and Trace
Child can return to school if they have not developed any of the above symptoms
Household stops isolating if they haven't developed symptoms

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What do I do if?

Actions to Take

Next Steps

...my child has different symptoms – a cough that isn't continuous; a runny nose; sore throat; sneezing?



Use your usual judgement to decide if your child is well enough to attend school
Inform school immediately about absence in the usual way
If in doubt, seek medical advice online otherwise call 111



If your child's symptoms change to include any of those listed above, then DO NOT come to school
Household self-isolates
Book a test as soon as possible for your child

...my child has different symptoms – sickness and/or diarrhoea?

Follow usual procedure and DO NOT come to school
Inform school immediately about absence in the usual way

24 or 48 hours?
Your child can return to school once symptom-clear for 24 hours
In the event of a bug/virus, you may wish to extend their time away for an additional 24 hours

... NHS Test and Trace has identified my child as a 'close contact' of someone who has tested positive for COVID-19?

DO NOT come to school
Inform school immediately about absence
Child isolates for 14 days from last contact with diagnosed contact
Household only isolates if child has symptoms

Follow instructions from NHS Test and Trace
Child can return to school if they have not developed any of the above symptoms
Other household members should remain alert to onset of any of the above symptoms

...NHS Test and Trace has identified someone in my child's household as a 'close contact' of someone who has tested positive for COVID-19?

Your child can come to school if the household member identified as a 'close contact' does not have the above symptoms
The household member isolates for 14 days from last contact with diagnosed contact

Stay alert to onset of any of the above symptoms
Household self-isolates and a test booked for anyone that develops any of the above symptoms

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What do I do if?

Actions to Take

Next Steps

...my family is returning to the UK from abroad**?



If you have arrived from/travelled through exempt countries only, then your child can return to school

Otherwise, DO NOT come to school and your household must quarantine for 14 days

Inform school immediately



Stay alert to onset of any of the above symptoms

Household self-isolates and a test booked for anyone that develops any of the above symptoms

... someone in my child's household is returning to the UK from abroad?

Your child can attend school

The household member must quarantine for 14 days if they have returned from/journeyed through a non-exempt country

Stay alert to onset of any of the above symptoms

Household self-isolates and a test booked for anyone that develops any of the above symptoms

*a new continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

** as usual, parents should plan their holidays within school breaks and avoid seeking permission to take their children out of school during term time