

# UNDRESSED

*Playing with your phone can be lots of fun,  
It can make you feel like you're number one,  
It can be cool when you come home from school,  
And still see your friends through the camera lens.*

*But remember the rule, and what you learned at school  
Even if they're a pest, no don't get undressed  
Just put down your phone or pad, and go check with mum or dad.*

*Don't show them your vest even if it's your best,  
If it's time to undress, or be a princess,  
You can be a superhero, a pirate or a clown,  
But if you're on your phone, it's time to put it down.*

*Remember the rule, and what you learned at school  
Even if they're a pest, no don't get undressed  
Just put down your phone or pad, and go check with mum or dad.*

*Even if you're alone on the tablet or the phone,  
And you have a little scare, a challenge or a dare,  
You can be a superhero, a pirate or a clown,  
But if you're on your phone, then it's time to put it down.*



Watch the video, learn the song, spread the message:

[undressed.lgfl.net](http://undressed.lgfl.net)

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